

## **Information on Auditions for the California Lutheran University Dance Team**

Interested in joining the CLU Dance Team? Here is some information that is important to know:

- The Dance Team is a student-run organization at CLU.
  - **New requirements as of 2023: Competitive team members are required to be full-time undergraduate CLU students.**
- We primarily dance in jazz, lyrical-jazz, and hip-hop.
  - Jazz technique is required; hip-hop experience is recommended.
- We compete in at least one national competition a year.
- The Dance Team has a time commitment of 8 hours a week minimum. This consists of 3 practices a week and 2 weekly fitness activities outside of practice, as well as performances. Our current practice times are:
  - Monday: 8:00 pm to 10:00 pm
  - Thursday: 7:30 pm to 9:30 pm
  - Sunday: 7:00 pm to 9:30 pm
- We look for dancers who are positive, driven, and dedicated. Our dancers are team players who are motivated to work hard and grow as athletes and artists!
- Always check our website and Facebook/Instagram page for updates!
- Auditions are held the Spring **before** that academic year.
- Our audition will be through **video submission**. Please note:

**AUDITION VIDEO SUBMISSION DEADLINE HAS BEEN EXTENDED TO  
SATURDAY, APRIL 22ND AT 12PM.**

**Please submit all videos to [dance@callutheran.edu](mailto:dance@callutheran.edu)**

### **Auditions FAQ:**

#### **1. How many dancers make the team?**

All dancers must audition for the team, including returning members. Usually, we accept anywhere from 15-21 dancers total.

#### **2. What are the judges looking for?**

We are looking for dancers who are positive, driven, and dedicated. In addition, we are looking for dancers with technical training who work hard, are committed to the team, and can fully

dedicate the time and hard work that Dance Team requires. We are looking for dancers who are team players who are motivated to push themselves and grow as athletes and artists!

### **3. What is the time commitment of Dance Team?**

The Dance Team practices a minimum of three days per week. As well, we have choreography sessions, required workouts, performances, and appearances throughout the year. Classes, jobs, and other commitments are manageable and allowed but may not conflict.

Practice Times: Mondays 8-10 PM, Thursdays 7:30-9:30 PM, Sundays 7:00-9:30 PM - **THESE TIMES ARE SUBJECT TO CHANGE**. Additional practices may be added before a competition or performance.

### **4. Is there a height or weight requirement?**

No, there are no specific height or weight requirements. However, we expect team members to condition throughout the year and treat their bodies like athletes.

### **5. Does the Dance Team fulfill the P.E. requirement?**

Currently we do not fill the activity class requirement at CLU. However, we are working on building our Kingsmen and Regals Spirit Program, as well as the dance program. We are also working on becoming a recognized athletic program at CLU, which will give school credit to our dancers.

### **6. What are the perks of being on Dance Team?**

You will be a part of a Nationally ranked college dance team with other talented and passionate dancers. You'll make life-long friendships before classes even begin, with lots of laughs! You will be able to push yourself and continue to grow as a dancer. The Dance Team also performs throughout the year and is asked to participate in a variety of events on campus, such as Homecoming Events and halftimes at sporting events. As well, you'll have the opportunity to travel for National Competitions. As many of our alumni have experienced, the Dance Team will provide tons of amazing memories during your time at CLU.

### **7. What sporting events do we perform at?**

We perform at home Football games, select home Men's and Women's Basketball games, and other events on campus.

### **8. How much time do we get off for Winter & Summer breaks?**

We give the dancers usually 3-4 weeks off for Christmas break, and we may come back early for choreography sessions. The Dance Team gets full summer breaks from the end of May to

early August. The Team moves in early and holds our mandatory summer intensive in late August. Dancers are still expected to condition and remain active during their breaks.

**Please take note of these commitments before auditioning for the  
CLU Dance Team**

**Below is Our Audition Information & Requirements:**

**What to wear:**

**ALL BLACK**

- Dance shorts or leggings
- Sports bra, crop top, or fitted tank top/shirt.
- Jazz shoes or half-sole shoes
- Hip-hop shoes or sneakers
- Hair and makeup should be clean and performance appropriate.

\*Tights and leotards are not required.

Please make sure you are warmed-up and stretched before you do any filming. Your video will consist of across the floor, technique in center, one jazz combo, one hip-hop combo, one lyrical-jazz combo and a short interview.

All elements noted above are **required**. Please see page 5 for technique requirements!

Please learn & perform **ALL THREE COMBOS** that are shown under the **Auditions Tab** on our website: <https://cludance.weebly.com/> - These videos will be posted on April 14th by 5pm.

Please feel free to contact us if you have any questions, concerns or need any other information!

**See next page!**

## **Required Video Audition Elements**

Video files and/or links must be sent via e-mail to [dance@callutheran.edu](mailto:dance@callutheran.edu)

**Videos are due by 12:00PM PST on April 22nd, 2023.**

### **Who you are & why you're interested:**

Take 45-60 seconds (or however long you need to) to answer the questionnaire located on our website to give us an idea of why you want to be a part of Dance Team.

### **Routines:**

**Make sure to film all material from the front!**

Please learn/perform the three short combos that are available on our website that will showcase your abilities in jazz, lyrical-jazz, and hip hop. **Solo performances are required.** Additionally, please include a compilation video of all bolded skills listed in the Competition Team Requirements, which can be found on page 5, and other special skills you would like us to see. Have fun and show us your performance ability and style!

### **Resume:**

Please also attach a short resume/summary of your dance experience and training. Make sure to include your name, address, phone number and email so that we can contact you.

*ALL components of the video audition must be included. Any dancers missing portions of the video audition requirements will be notified and asked to resubmit the missing sections so that the audition is equal for all dancers.*

***Any late submissions will not be accepted.***

## Competition Team Requirements

If you are attending the audition in person or sending in a video, the judges are looking for the following technical skills (items in **bold** are required team skills):

- **Triple Pirouette (both sides)**
- **Triple Coupe Turn (both sides)**
- **4 a la secondes into a clean double pirouette**
- **Clean and consistent a la secondes**
- **Clean kicks, tilts, and extensions**
- **Fan kicks (both sides)**
- **Grande Jete**
- **Second Leaps**
- **Tilt jumps**
- **Calypso/Single stag (back attitude) leaps**
- **All splits – right, left, and center**
- **Forward & backward rolls**
- Toe Touch Jump
- Four Pirouette, or more (both sides)
- Reverse leaps
- Battement turns
- Attitude turns
- Developpe front, side, and back
- Double stags
- Floorwork such as toe rises/up-hinges, split roll, chin stands, backbends
- For hip hop: stalls/freezes, kip up, headspring, headstand, handstand, and dive rolls
- Improvisation in jazz, lyrical-jazz, and hip-hop
- Special skills, any other tricks, turn combinations, tumbling, flexibility, etc.

### You Will Be Scored On Overall

- Presentation (attire, hair, neatness, preparedness)
- Presence (confidence, poise, upper body, attitude/personality)
- Performance (confidence, facials, emotion)
- Flexibility (extension, kicks, splits, etc.)
- Control (core strength; strong arms, legs, and back)
- Sharpness (execution and definition of fast moves)
- Fluidity (movement quality, transitions between movements)
- Musicality (dancing on the right counts; listening & utilizing all of the music)
- Technique (technical skills; turnout, feet, hands, arm and leg positions)

- Verbal portion/Interview

**Questions about Auditions? Email: [dance@callutheran.edu](mailto:dance@callutheran.edu)**